

Directions to NIWE Eating Distress Service

The Old Post Office, 5 Pink Lane, Newcastle upon Tyne NE1 5DW



Tel. 0191 221 0233

Email: enquiries@niwe.org.uk

Web: www.niwe.org.uk

If you know Newcastle Central railway station, it is easy from there. Come across the road from the station at the crossing, and you will see a Subway sandwich shop to your left and a Greggs on your right, which are on opposite corners of the alleyway named Pink Lane. NIWE is in the old Post Office building at no. 5 Pink Lane, opposite the Gotham Town pub.

Press the intercom for **NIWE** if you are attending for an **appointment**, or **Ground Meeting Room** if you are coming to a **group or event**. We are at the back of the building on the ground floor. Someone will come and open the door. Please allow a few moments for them to come from the office to let you in.

Car parking is busy around this area. You can park at the Central Station for up to one hour, or the nearest large public car park is the multi storey Grainger Town Car Park, Waterloo Square, Newcastle upon Tyne, NE1 4DP (free after 5pm).



Grainger Town car park

NIWE offices in The Old Post Office, 5 Pink Lane