

NIWE Eating Distress Service Making Connections Event



Come along and make:

Christmas Crackers - Cards- Bracelets - Mindful Colouring

Relax and enjoy yourself with a range of activities:

NIWE nail salon – singing – Indian head massage



What: Social Event

When: Thursday 30th Nov 2017

Who: Anyone aged 16+ affected by eating distress

Time: 2:00pm - **Registration**

2:15pm - 7:00pm - **Activities**

Where: NIWE Eating Distress Service

The Old Post Office,
5 Pink Lane,
Newcastle upon Tyne

How To Book

Use this link to book your place
<https://www.eventbrite.co.uk/e/making-connections-event-tickets-37090167690>